**Kimberley Ann Bell, PhD, MS. LPC, NCC**

109 West Beaver Avenue

Fort Morgan, CO 80701

***Telephone: (970) 380-5450***

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***PROFILE***

Compassionate mental health professional with over 7 years of experience in individual and group therapy, crisis intervention, and treatment planning. Expert in EMDR therapy, with strong skills in CBT, mindfulness, and psychoeducation. Proven ability to support diverse populations, including those with anxiety, depression, trauma, and substance abuse. Committed to evidence-based practices and continuous professional development. Committed to delivering personalized, empathetic care and expert support to each client within a forward-thinking private practice.

***EDUCATION***

**Master of Science (MS) -Clinical Mental Health Counseling-** June 2022

Texas Tech University Health Sciences, Lubbock, TX

**PhD, Psychology,** April 2016

Specialization in Industrial Organizational Psychology

Capella University - Minneapolis, MN

**Master of Business Administrative (MBA),** June 2006

University of Phoenix - Phoenix, AZ

**Bachelor of Science in Management (BSM),** June 2004

University of Phoenix, Phoenix, AZ

***PROFESSIONAL EXPERIENCE***

May 2024 to Present

**Licensed Professional Counselor (LPC)**

Offers a range of therapeutic services to support mental health and well-being. Specializing in trauma-informed care, anxiety, depression, trauma, and substance abuse issues. Proficient in Eye Movement Desensitization and Reprocessing (EMDR), cognitive-behavioral therapy (CBT), and mindfulness techniques.

May 2022 to May 2024

**Licensed Professional Counselor Candidate (LPCC)**

Offers a range of therapeutic services under supervision to support mental health and well-being. Specializing in trauma-informed care, anxiety, depression, trauma, and substance abuse issues. Committed to creating a safe, supportive, and non-judgmental environment to foster healing and personal growth.

April 2019 to May 2022

**Certified Substitute Teacher**

**Morgan County District RE-3-**Fort Morgan, CO

Adapt quickly to a variety of subjects, grade levels and teaching styles to present information effectively to students without interrupting the lesson plan schedule; Communicate effectively with teachers, counselors and parents to determine the best way to present information for individual class needs; Address any student behavioral problems, calming disruptive students and escalating to principal as needed; Supervise tests, quizzes and in-class projects, maintaining a quiet and focused environment. Work with special needs students to help them achieve success.

May 2019 to June 2019

**Support Counselor**

**Morgan County District RE-3**-Fort Morgan, CO

Provided guidance to elementary and high school students regarding career development, academic achievement, social behavior, and mental and physical health.

January 2019- February 2019

**Interim Director**

**Converge Day Treatment Center-**Brush, CO

Assigned by the Board of Directors to keep the Nonprofit functioning while the Board of Directors searched for a permanent director. Worked closely with the board to incorporate new changes, worked with Colorado Department of Education (CDE), Department of Human Services (DHS), and several school districts to implement new changes and oversee existing processes. Implemented daily schedules and activities for students and staff. Attended all board meetings and Individualized Educational Program (IEP) meetings. Oversaw human resource functions across the nonprofit.

August 2018 to February 2019

**Contracted Therapist/Substitute Teacher K-12**

**Converge Day Treatment Center-**Brush, CO

Provided classroom instruction and individual and group therapy for K-12 students who suffered from severe mental and behavioral disorders.

January 2017 to Present

**Behavioral Therapy Services, LLC - Owner** - Fort Morgan, CO

Offer evidence-based therapies, including CBT, Gestalt therapy, play therapy, Solution Focused Brief Therapy, and EMDR for adults, children, and adolescents. As a Licensed Professional Counselor (LPC.0020749) and National Certified Counselor (NCC), I am dedicated to enhancing individuals' well-being through my extensive training and diverse skill set in mental health counseling. My practice focuses on personalized care to support mental health and foster personal growth.

January 2017 to Present

**Unlicensed Psychotherapist**

Offers a range of therapeutic services to support mental health and well-being. Specializing in trauma-informed care, anxiety, depression, trauma, and substance abuse issues

April 2017 to September 2023

**University of the People**: Professor/Online Graduate and Undergraduate Studies, Pasadena, CA. Courses: Organizational Behavior and Theory, Introduction to Health Psychology, Human Resource Management. Learning Management System (LMS)-Moodle.

February 2013 to May 2018
**United States Postal Service** - Snyder, CO

Sell products and services using selling techniques to meet customer needs; Integrate product information using courteous customer service Management of Rural Post Office; Identify and analyze problems to develop an appropriate course of action to resolve the situation; Use technology-based business equipment and basic mathematical; Computations to process customer transactions and produce accurate reports; Follow procedural directions or instructions, either with or without direct supervision, in a safe and timely manner; In-office audits

Aug 2010 – January 2013

**Morgan Community College:** Adjunct Faculty, Fort Morgan, CO. Courses Taught: Intro to BUS 115; Customer Service; Team Building. Learning Management System (LMS) Desire2Learn, Blackboard.

July 2007 to August 2010

**Cargill** - Fort Morgan, CO

**Assistant Human Resources Manager**

Supervised human resource department employees; Prioritized and managed multiple projects to meet deadline; Developed, implemented, and evaluated programs and processes; Hiring and Employee Relations; Developed effective recruitment strategies; Managed employee relations in a union and non-environment; Recruited potential employees; Payroll, Unemployment, and Legal Compliance; Salary and benefit administrator; Human Resource Information System and payroll; Performance management, unemployment administration, and legal compliance implementation

February 2001 to July 2007

**Inventory Control Specialist III Transportation Analyst**

**Sandoz, Inc.** - Broomfield, CO

Manage Budgets; Approved carrier invoices up to $10,000; Produced savings of $52,000 from July 2006 to July 2007 for carrier invoice discrepancies; Produced savings of $17,000 from July 2006 to July 2007 for carrier damage claim

***LICENSES and CERTIFICATIONS***

**Colorado Dept. of Regulatory Agencies (DORA)**

Licensed Professional Counselor (LPC) LPC.0020749, May 2024

**Colorado Dept. of Regulatory Agencies (DORA)**

Unlicensed Psychotherapist NLC.0107231, January 2017

**National Board Certified Counselor (NBCC),** May, 2024

**Colorado Department of Education (CDE) Substitute Teacher License K-12**;

License #289875. January, 2022

***PRACTICUM and INTERNSHIPS***

Jan 2021 to May 2021-Texas Tech Health Sciences Practicum

**Karin Gertner, LPC, LLC:** Mental Health Counseling under supervision.

Direct client services through group counseling and individual counseling; Clinical experiences through research, mental health counseling online training webinars; Weekly supervision.

May 2021 to May 2022- Texas Tech Health Sciences Internship

**Regina Hariri, LPC, LLC:** Mental Health Counseling Under Supervision.

Direct client services through individual counseling; Clinical experiences through weekly caseloads, research, and telehealth; Weekly supervision.

Jan 2017 to Jan 2018-Internship
**Community Solutions, LLC:** Addiction Counseling under Supervision.

Assessments; Psychotherapy; Behavioral Therapy; Individual Therapy; Spiritual Counseling, Mental Health Counseling; Mental Health Evaluation Training.

April 2017 to July 2017-Internship
**Alix McMurray Therapeutic Counseling:** Jail Based Treatment Program, Department of Corrections (DOC) Assessments; Psychotherapy; Behavioral Therapy.

***TRAINING***

**Strategies for Self-Improvement and Change (SSC)** **Office of Behavioral Health,** May 2017

**National Advocate Credential (NACP)# N28-487-0193,** Expired November 2019

**STAR Autism Support, Inc,** October, 2020

**Eye Movement Desensitization and Reprocessing (EMDR),** October, 2021

**Psychological First Aid Training- National Child Traumatic Network,** September 2022

***PROFESSIONAL APPOINTMENTS***

February 2017- May 2018

**Colorado Judicial 13th District:** Sobriety Court Treatment Panel Member.

***AFFILIATIONS***

Colorado Counseling Association (CCA)